

## **Lipo Shot**

<u>What is the lipo shot?</u> A lipo injection contains a solution of lipotropic nutrients that are made up of the following fat burning compounds: Choline, inositol, methionine, vitamin B12, and other vitamins and minerals.

<u>Choline:</u> An essential nutrient needed for proper liver function. It can export fat and bile from the liver. The exported fat is burned for energy. It detoxifies the liver and is a key player in fat metabolism.

<u>Inositol</u>: It is lipotropic and related to the vitamin B family and can increase the breakdown of fats. It is involved in various biological processes that can provide a positive psychiatric condition.

<u>Methionine:</u> An amino acid and deactivating agent to many hormones, such as estrogen, and sulfur, containing, compounds. It can defend the body against toxic compounds.

<u>Vitamin B12:</u> has many biological purposes such as regulating normal blood, brain, heart, and nervous system functions. It is essential for fat metabolism.

<u>How does it work?</u> The body requires nutrients and vitamins to stimulate the right hormones to function correctly, so your body will let go of the fat stores it's been holding onto. A lipotropic nutrient is what is used in the body to promote, encourage, and support the remove of fat from the liver. It also aids in ensuring that excess fat gets burned off for fueled and energy instead of being stored away.

Don't go under the knife, don't suffer extreme dieting, and don't starve yourself anymore. Lipo injections for weight and fat loss may be just the solution you've been looking for.